



# PROCLAMATION

**WHEREAS** Canadian Mental Health Association (CMHA) Mental Health Week promotes mental health awareness through education campaigns, activities, and events and offers practical ways to maintain and improve mental health and support recovery from mental health problems and illnesses;

**AND WHEREAS** people are faced with worrying levels of stress, anxiety, and loneliness heightened by social inequality, the affordability crisis, and ongoing climate concerns;

**AND WHEREAS** this year's CMHA campaign is "healing through compassion" - a call to be kind and to increase awareness and understanding of mental health which will promote the use of mental health services and supports and ensure Canadians with mental health problems and illnesses are afforded the opportunity to recover;

**AND WHEREAS** the Canadian Mental Health Association actively supports and encourages good mental health in all aspects of our lives, during CMHA Mental Health Week and throughout the year;

**NOW, THEREFORE, WE THE COUNCIL OF  
THE CITY OF DAUPHIN  
DO HEREBY PROCLAIM**

**MAY 6 - 12, 2024**

AS

**"CMHA MENTAL HEALTH WEEK"**

Dated at the City of Dauphin, in the Province of Manitoba,  
this 29th day of April 2024.

David Bosiak  
Mayor